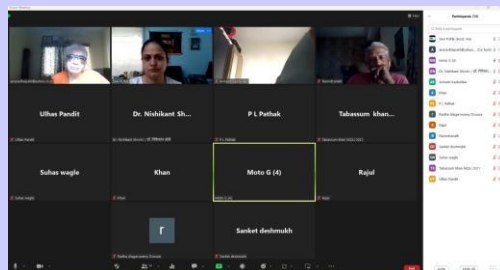


Major events in the month of October 2024

On **5th Oct.**, a peer support group meeting was held for caregivers and other stakeholders by Dr. Anuradha Patil.



Mental Health Week (5th Oct. to 11th Oct.) Program 2024

On **5th & 6th Oct.**, SAA participated in an exhibition, arranged by Umang organization.



On **8th Oct.**, Sneha Mela was arranged by inviting Shubharthis from different NGO's to participate in drawing activity, stage performances and to attend entertainment program "आवाजाच्या दुनियेचा सफर" by Kedar Athavale.



On **10th Oct.**, Pamphlet distribution in the area of Mandai and Tulshi Bagh, Pune



On **11th Oct.** Mindfulness activity was arranged for Shubhankar's (Caregivers) by Ms. Suhasini Ravindranath followed by Bhondla celebration.



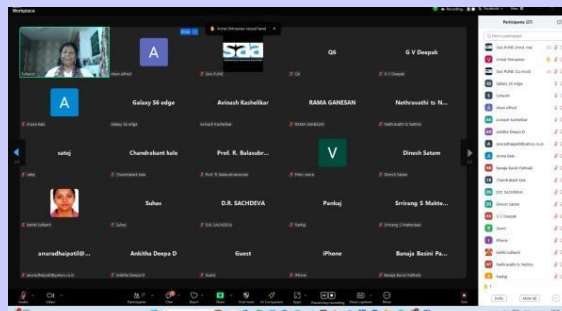
On **15th Oct.** SAA participated in an awareness exhibition, arranged by SNDT College.



On **19th & 20th Oct.,** SAA participated in an exhibition Srujan, arranged by Rotary club of Pune west.



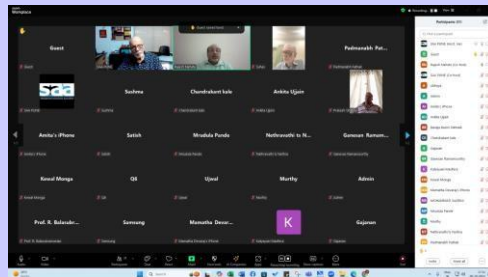
On **19th Oct.,** आर्शि मि का, a peer support group meeting was held on “Stress and laughter therapy” by Ms. Suhasini Ravindranath (certified practitioner of laughter yoga and play therapist).



On **22nd Oct.**, SAA Shubharthis participated in greeting card making competition for Indian Army arranged by Adhar Social Trust.



On **25th Oct.**, a guest lecture was held on “Rehabilitation of Mentally Ill in Remission” by Dr. Rajesh Nehete (Consultant Psychiatrist in Rehabilitation, UK) with SAA trustees, volunteers and staff.



On **26th Oct.**, a guest lecture was held for WhatsApp group “Mission” members by Dr. Rajesh Nehete (Consultant Psychiatrist in Rehabilitation, UK)

On **28th Oct.**, Diwali Celebration.



Major events in the month of November 2024

On **15th Nov.**, Tulsi Vivah was celebrated in SAA



On **16th Nov.**, SAA organized one day workshop on “Transactional Analysis and the facilitator for this workshop was Mr. Sharad Sunkar.



Major events in the month of December 2024

On **5th Dec.**, a visit of Mr. Karan Malik Executive Director of Indian Mental Health Alliance.



On **7th Dec.**, a peer support group meeting was held for caregivers and other stakeholders by Sarika Chandak.

On **20th Dec.**, Anand Mela- a fete was arranged by SAA and stall was managed by Shubharthis and Shubhankars.



On **21th Dec.**, आर्शि मि का, a peer support group meeting was held on “First-Aid for Mental Health” by Ms. Rohini Bhosale (Social Service Superintendent at RMHY, Pune).



On **23rd Dec.**, an orientation visit to V. G. Vaze College, Mulund, was conducted, and the session was led by Mr. Ravindranath and Ms. Sarika Chandak. A total of 40 students and 2 faculty members attended the session.



On **27th Dec.**, an observation visit by 3 students of Ms. Uma Dalvi (Psychologist).