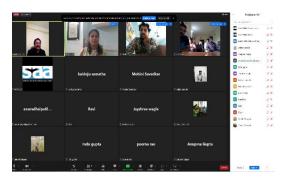
## Major events in the month of October 2023

On **6<sup>th</sup> Oct**., on the occasion of World Mental Health Week, SAA's shubharthis show cast their talent with various performances like dance, music, poem recitation etc.

On **7**<sup>th</sup> **Oct.**, in continuation of World Mental Health Week a peer support group meeting was held for caregivers and other stakeholders by Dr. Jitendra Dongare on "Mental health is a universal right".

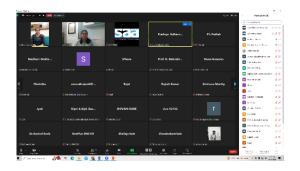


On 9<sup>th</sup> Oct., in this series of Mental Health Week a pamphlet distribution was done in the area of Deenanath Mangeshkar Hospital, SAA's shubhathis, trustees, and staff participated in the same.

On 12<sup>th</sup> Oct. on the day of World Mental Health Week, SAA has arranged a session on Gender Sensitization by Ms. Nirmala Bhakre and another session on Oral Hygiene by Dr. Viplavi Patki.

On **19<sup>th</sup> Oct.**, a visit by Tilak Maharashra Vidyapeth students of BSW-2 year (distance learning) was arranged. 4 students were present with their faculty member.

On 21st Oct., आईना मन का, a peer support group meeting on "Financial management for caregiver" by Ambika Takalkar (Founder and Director Aarambh NGO).



On 28<sup>th</sup> and 29<sup>th</sup> Oct., SAA participated in an exhibition Organized by Rotary Club of Pune.

## Major events in the month of November 2023

On 4<sup>th</sup> Nov., a peer support group meeting was held for caregivers and other stakeholders by Sarika Chandak.

On **4**<sup>th</sup> **and 5**<sup>th</sup> **Nov.**, SAA participated in an exhibition Organized by Silkroute Exhibitors.

On 18th Nov., MC meeting

On 25<sup>th</sup> Nov., आईना मन का, a peer support group meeting on "Enhance the coping strength of caregivers" by Dr. Anagha Lavalekar

## Major events in the month of December 2023

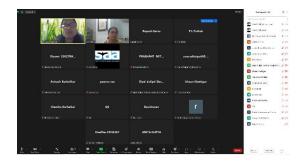
On  $2^{nd}$  Dec., a peer support group meeting was held for caregivers and other stakeholders by Sarika Chandak.

On 9th Dec., MC meeting

On 18<sup>th</sup> Dec., on the occasion of 'SAA's foundation day' SAA has arrange managed by SAA's subharathis.



On **16<sup>th</sup> Dec**., आईना मन का a peer support group meeting on "Negative symptoms management in schizophrenia" by Dr. Shama Rathod (M.B.B.S., D.P.M.)



On 22<sup>nd</sup> Dec., SAA celebrated Tulsi Vivah.

On **30<sup>th</sup> Dec**., as a part of 5<sup>th</sup> Saturday excursion, instead of going out SAA have planned Hurda Party for shubharthis.

