

## **Major events in the months of January, February, and March 2023**

On **11<sup>th</sup> Jan.**, MC meeting was held.

On **14<sup>th</sup> Jan.**, a peer support group meeting was held for caregivers and other stakeholders by Ms. Sarika Chandak.

On **16<sup>th</sup> Jan.**, a celebration of Makar Sankranti festival was done by performing 50 (each) Suryanamskars and telgul distribution.

On **17<sup>th</sup> Jan.**, Article on SAA's Vice President Ms. Neeta Koparkar about her journey from housewife to volunteer published in Sakal Newspaper.

On **28<sup>th</sup> Jan.**, आईना मन का, Support group meeting on "Meet your Happy Chemicals" by Dr. Pratibha Deshpande (Psychologist).

On **1<sup>st</sup> Feb.**, Visit of Mr. Shubham Garg from Ajim Premji Foundation

On **7<sup>th</sup> Feb.**, Awareness through pamphlet distribution in Kirketwadi area, near Nanded city. Trustee, Shubharthis', Volunteer and staff participated in the same near about 1000 pamphlet was distributed.

On **8<sup>th</sup> Feb.**, Visit of 10 students from Bandodkar Science College.

On **11<sup>th</sup> Feb.**, a peer support group meeting was held for caregivers and other stakeholders by Ms. Sarika Chandak.

On **14<sup>th</sup> Feb.**, SAA participated in an exhibition organized by Rotary Club in Garware Metro Station.

On **16<sup>th</sup> Feb.**, 2 students from Tilak Maharashtra Vidyapeth joined for one month internship.

On **22<sup>th</sup> Feb.**, MC meeting was held.

On **25<sup>th</sup> Feb.**, आईना मन का, Support group meeting on "Management of OCD" by Dr. Pratibha Nila (Clinical Psychologist).

On **27<sup>th</sup> Feb.**, 3 students from Modern College joined from one month internship.

On **1<sup>st</sup> March**, SAA participated in an exhibition organized by Rotary Club in Garware Metro Station.

On **11<sup>th</sup> March**, Article on SAA by Kadambari Kulkarni was published in Sakal Newspaper.

On **11<sup>th</sup> March**, a peer support group meeting was held for caregivers and other stakeholders by Ms. Sarika Chandak.

On **13<sup>th</sup> and 14<sup>th</sup> March**, Dr. Pragathi Kaushal and Ms. Sarika Chandak attended two days' workshop of Mental Health Review Board.



On **21<sup>st</sup> March**, Gudipadwa was celebrated in SAA.



On **25<sup>th</sup> March**, SAA's Vice President Ms. Neeta Koparkar was honored by Rotary Club of Pune Pride.



On **25<sup>th</sup> March**, आईना मन का, Support group meeting on “Compassionate Listening” by Ms. Janaki Visvanath (Director at SHB Social Foundation).

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