Major events in the month of January, February, March 2022

- 7th January, MC Meeting
- 7th January, Sarika Chandak and Aarti Pandit conducted an online awareness program for Maitra Group.
- 8th January, 2nd Saturday, Self Help Support Group Meeting.



- 16th January, Kadambari Kulkarni and Aarti Pandit conduct online awareness program for Maitra Group Baner.
- 17th January to 4th February Pamphlet distribution on various streets in Pune such as JM road, FC road, Shaniwarwada, Narhe, etc.
- **18**th **January,** Sarika Chandak and Kadambari Kulkarni conducted Awareness program for Maitra Group, Sahakar Nagar Pune.
- **22**nd **January**, 4th Saturday, meeting with guest speaker Mrs. Pallavi Kasande (Head of Counseling Maharshi Stri Shikshan Sanstha, Pune) on the topic: Selective listening!
- 1st Feb., 3 PG students and 1 faculty member of mental health nursing of Bharthi Vidya Peeth college visited SAA.
- 3rd Feb. 2022, MC Meeting
- 12th Feb., Peer support group meeting for caregivers and other stakeholders by Rabindranath Chandran and Sarika Chandak
- **22**nd **Feb.**, SAA Trustees Mr. Rabindranath Chandran, Ms. Sarika Chandak, and Kaushal visited Mpower, Pune.
- **26**th **Feb.**, a peer support group meeting on dealing with somatic complaints about the mentally ill by Dr. Amit Nulkar, Psychiatrist
- 1st March, Homage to SAA's caregiver Mr. Nandakumar Mokashi. SAA's Trustees, Staff, and service users pay tribute through thought sharing.

- **12**th **March**, a peer support group meeting for caregivers and other stakeholders by Sarika Chandak.
- 22nd March, Rangpanchami Celebration in SAA



• **24**th **March**, SAA organized a musical mental illness awareness (मनमंदिरा), as a part of SAA's silver jubilee year programs at Yashwant Rao Natyagruh Pune, the program was performed by versatile artists.



• **26**th **March**, Peer support group meeting on caring for caregivers by Sadhana Bhatkhande HOD social service department KEM Hospital Mumbai.