

Major events in April, May and June 2022

On 1st April, SAA's service users celebrated Gudipadwa at KKB.

From 4th April to 6th May, 2 students from TISS participated in SAA's internship program.

On 7th April, 20 students and 1 faculty member from Tirpude College of Social Work, Nagpur participated in an orientation program at KKB.

On 9th April, A peer support group meeting was held for caregivers and other stakeholders by Mr. Amrit Bakhshy and Ms. Aarti Pandit.

On 13th April, SAA's trustees, staff, volunteers, and service users participated in a mental health awareness campaign and spread the message through T-shirts bearing the slogan "Mental Illness is Manageable."

From 18th April to 2nd June, a student from Karve Institute, Pune joined SAA's internship program.

On 19th April, Mr. Amrit Kumar Bakhshy addressed the students of Maharashtra Institute of Mental Health, Pune. The topic was "Human Rights of Persons with Mental Illness." SAA's Trustee Dr. Pragathi Kaushal also joined.

On 20th April, Mr. Amrit Bakhshy participated as an expert in Government T Manas Committee.

On 23rd April, A peer support group meeting for caregivers was held on "Understanding and Managing Anxiety Spectrum Disorder" by Mr. Vivek Khattar, Counseling psychologist and co-founder of Safe Nest Consultancy, Gujarat.

On 5th May, Homage was paid to Dr. Jagannath Wani by SAA family members. In this program Shubharthis participated in devotional songs. There was Sitar performance by Shama Foundation.



On 11th May, Mr. Amrit Bakhshy , Mr. Ravindranath, Ms. Pragathi Kaushal and Ms. Indu Gupta interacted with Banyan representative Pallavi Rohatgi Project Head and Ms. Parsana, I/c Maharashtra Project, regarding Home Again project,- at KKB.

On 14 May, a peer support group meeting was held for caregivers and other stakeholders by Mr. Amrit Kumar Bakhshy and Ms. Kadambari Kulkarni.

On 14th May: 32 Students and 1 faculty member from Karve Institute, Pune, participated in an orientation program at KKB. Mr. Amrit Bakhshy and Ms. Kadambari Kulkarni interacted with them.

On 17th May, Dr. Anant Bhan visited SAA regarding ESSENCE project. Mr. Amrit Kumar Bakhshy and Mr. Ravindranath interacted with him.

On 24th May, World Schizophrenia Awareness Day was observed to create public awareness about schizophrenia. A panel discussion in the memory of Late Aditya Pendse was held on the topic: “Schizophrenia - Myths and Realities.” The Panelists were Dr. Bhooshan Shukla, Dr. Ambarish Dharmadhikari, Ms. Ratna Chibbar, Dr. Arathi Ganesh and Mr. Akhileshwar Sahay.

On 24th May, Mr. Amrit Bakhshy was a panelist in the interactive session on the eve of “World Schizophrenia Day” organized by Pushpanjali Trust, Chandigarh.

On 27th May, SAA organized a musical program in collaboration with Krishna Hospital, Karad, along with mental health awareness (मनमंदिरा) on the occasion of its Silver Jubilee year, at Vinas Hall Krishna Hospital, Karad. The program was organized by Ms. Neeta Koparkar and was much appreciated by the audience.

On 28th May, a peer support group meeting for caregivers was held on Emotional awareness and self-care by Mrs. Mridula Ghodke and Suhasini Ravindranath, volunteers at Connecting NGO.

On 28th May, Mrs. Sarika Chandak and Mrs. Kadambari Kulkarni addressed the students of Tilak Maharashtra Vidyapeeth, Pune. The topic was “Schizophrenia Awareness.”

On 30th May, Mr. Ravindranath, Ms. Indu Gupta and Ms. Pragathi Kaushal visited to Banyan’s Home Again projects at Sakhroli and Aghai, Thane.

On 11th June, A peer support group meeting was held for caregivers and other stakeholders by Mr. Amrit Kumar Bakhshy.

On 18th June, meeting of caregivers was arranged at KKB to share their issues and experiences to help them cope with the situation.

On 21st June, At SAA rehabilitation center, yoga day was celebrated with service users and Maitra group. Maitra Group conducted few activities for service users with the help of SAA’s counselor. Ms. Vrushali Chitale and Ms. Rama Kuknur perform dance and yoga. Mentally ill persons from Krishna Hospital, Karad also joined this program online.

On 25th June, a peer support group meeting for caregivers was held on “Need of playfulness in caregiving situations.” by Mr. Anand Chabukswar.

