

Festival Celebration



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SAA does not receive any government funding. You can help by making a donation to:

Schizophrenia Awareness Association,

Account No.9712918313

Kotak Mahindra Bank, Sinhagad Road branch

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:: REGISTRATIONS ::

- Societies' Act: Maharashtra/1155-97/Pune
- Public Trust Act: F/14439/Pune
- PWD Act: 09-10/2971
- IT Exemption U/s. 80G-Pn/CT-III-Tech/80G/435/2012-13/622
- FCRA Reg No. 083930633
- CSR 1 Reg.: CSR00005588
- Unique Registration No, under 80G AAETS1027MF20129
- Unique Registration No, under 12A Reg. AAETS1027ME20089

You can also help by volunteering your time, skills and services.

Please contact the office in this regard.



Schizophrenia Awareness Association (SAA)

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Schizophrenia Awareness Association

To address the needs of persons with mental illness and those who care for them, Schizophrenia Awareness Association-SAA was founded in 1997 by Late Dr Jagannath Wani, an NRI based in Canada.

Dr. Wani was himself a caregiver to his wife who had been diagnosed with schizophrenia and was associated with SAA till his last breath. It was his vision to create a feeling of compassion and acceptance among people so that persons with mental illness would find a place in society and be able to lead their lives with dignity.

With this in mind, SAA has been working tirelessly on four major fronts for the past 25 years:

1. Creating awareness for better understanding of persons with mental illness and thereby minimising the stigma associated with mental illness. Towards this end, SAA has been:

- Conducting public meetings and awareness sessions at various places.
- Producing short informative documentaries as well as feature films such as 'Devrai' and 'It's Dawn Again.'
- Publishing informative booklets, books and pamphlets on mental health.
- Creating awareness through poster campaigns.
- Organising educational visits.
- Conducting training programmes and workshops for counsellors, students, volunteers and caregivers.
- Organising awareness related musical and cultural events.



Vocal Music Activity

2. Rehabilitation of care receivers and their re-integration into the social mainstream.

- SAA runs a day rehab centre with carefully designed activities of therapeutic value to help in the recovery of care receivers
- Provides pick-up and drop facilities to care receivers of the day rehab centre.
- Gives vocational training / guidance as well as cash incentives / stipend for work done, towards empowerment of care receivers.
- Organises excursions and picnics for care receivers from time to time.
- Conducts regular physical check-ups by a doctor.
- Ensures clean and salubrious surroundings adequately equipped.
- Employs experts to guide care receivers for every activity.
- Has qualified and experienced full-time counsellors.

Cultural Program by Care Receivers



Therapies and Activities at the SAA's Day Rehabilitation Centre



3. Self Help Peer Support Groups For Caregivers

- Fortnightly meetings involving face-to-face interaction among caregivers.
- Meetings coordinated by a senior SAA counsellor
- Lectures on relevant topics by experts on the 4th Saturday of every month



Yoga Activity

4. Advocacy

- SAA represents the interests of both care receivers and caregivers at various forums at various levels.
- Several SAA members are advisors / consultants for government and private organizations in the field of mental health.
- Books on Mental Health Act and other laws have been published for the benefit of stakeholders.



Skill Training