

#### Facilities at Rehabilitation Centre

- Well-equipped premises
- Pick up and drop facility for users
- Periodic physical check up by a doctor
- Empowerment : Cash incentives / stipend paid to users and support provided in their finding employment
- Excursions for users on every 5<sup>th</sup> Saturday of the month
- Field work placement provided to students of psychology and social work.



Excursion on 5th Saturday

### Schizophrenia Awareness Association

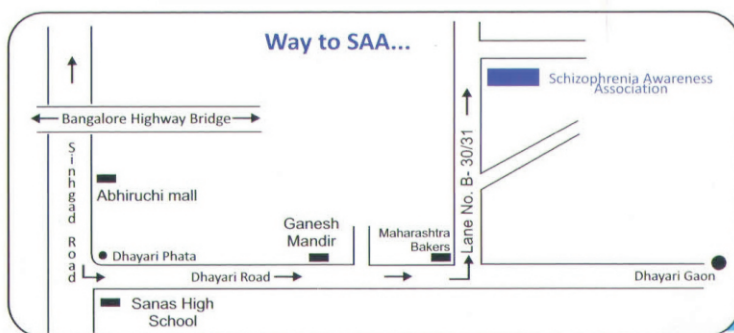
Kamalini Kruti Bhavan, Lane No. B 30-31, off Dhayari Road, Pune - 411041

Tel. : 020- 24391202 / 9881190000/ 9834899383

schizpune@gmail.com / www.schizophrenia.org.in / www.facebook.com/SAA.Help

#### Registrations :

- Societies' Act: Maharashtra/1155-97/Pune
- Public Trust Act : F/14439/Pune, PWD Act: 09-10/2871
- IT Exemption : Pn/CIT-III-Tech/80G/435/2012-13/622,
- FCRA Registration : 083930633
- ISO 9001 : 2015



## Schizophrenia Awareness Association

**Schizophrenia Awareness Association (SAA)**, founded in 1997 by Dr. Jagannath Wani, is a Pune based registered charitable organisation working for persons with various mental illnesses and their caregivers. It functions from its clean, open and spacious premises at Dhayari, a suburb of Pune.

#### Vision of SAA

- Persons affected with schizophrenia and allied mental disorders will not suffer on account of stigma and will be able to lead happy and normal lives.
- To create public awareness and understanding about mental disorders.
- To inculcate confidence in and practice of self-help amongst families afflicted with mental illnesses.
- To provide facilities for vocational training with an aim of economic & social rehabilitation of people affected with mental disorders.

#### Main Activities

##### Creating Awareness and removing stigma –

1. Holding Public meetings.
2. Producing feature Films/ Documentary like Devrai and Its Dawn Again.
3. Public informative books.
4. Creating awareness posters
5. Providing Day Rehabilitation Facility
6. Educational Visits
7. Training programs and workshops arranged for counselors, volunteers, caregivers and students.
8. Musical & Cultural Programs



Participation in rally on Disability Day



Cultural Program by Shubharthis on 24th May 18

#### Self-Help Support Groups - User Survivors (Shubharthis) and Caregivers (Shubhankars) –

- Meetings and face-to-face interactions with each other. Sharing experiences, strategies, successes and failures and solutions.
- Lectures by experts for caregivers and users survivors on 4<sup>th</sup> Saturday of every month.

#### SAA runs Self-Help Support Group meetings at

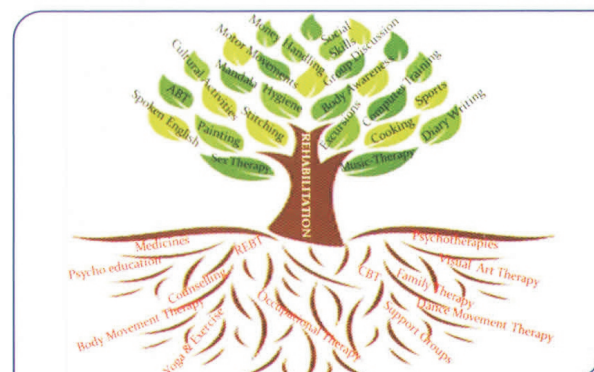
- Schizophrenia Awareness Association, Dhayari, Pune 411041  
4th Saturday – 4.00 p.m. (for Caregivers)  
SAA Office – 020- 24391202, 9834899383
- Late K. N. Bhide Ayurved Sanstha  
1278, Sadashiv Peth, Bajirao Road, Sangam Sadi Centre Chowk, Between Sajawat Steel Furniture and Jogo Optician, Pune - 411030.  
1st and 2nd Saturday – 4.30 p.m. (for Caregivers & User Survivors)  
Smita Godse – 9225575432



Yoga activity at SAA Day Rehabilitation Centre

#### Dr. Jagannath Wani Rehabilitation Centre

SAA provides rehabilitation facility for User Survivors who are on way to recovery. At the Rehabilitation Centre, User Survivors are kept engaged with a productive schedule of counselling, improving socialization, physical exercises, recreation. Their problems/challenges, aptitude and strengths are assessed and strategies are worked out to improve memory, concentration, and optimum functioning. This arrangement continues till the User Survivors find an employment or becomes self-employed.



Therapies and activities at the Day Rehabilitation Centre